

~ Body Treatments and Water Therapy ~

We offer a variety of exceptional body treatments that detoxify, refine, tone and relax. These treatments are designed to bring balance and wellness to the body by assisting in elimination of toxins and fat trapped in our cells while introducing vital minerals and nutrients. All body treatments include Vichy Shower and custom hydrating treatment to lock in moisture.

Sea Mud Body Masque ~

A deep cleansing and detoxifying treatment using a combination of sea clay and skin smoothing enzymes designed to exfoliate while caffeine, ginger and white tea help to stimulate circulation, tone and eliminate excess fluids. Great for all skin conditions.

60 minutes \$85

Multivitamin Body Masque ~

An intense vitamin therapy wrap dedicated to feeding your skin the nourishment it craves. Contains kukui, nut, olive and grape seed oils. This wrap is perfect for those with premature aging, dryness, sensitive or irritated skin.

60 minutes \$85

Body Foliation ~

Give your body the exfoliation it needs with an oatmeal and rice powder mix that whisks away dryness and brightens the skin. We recommend this treatment for those who have premature or sensitive skin.

60 minutes \$75

Mineral Salt Scrub ~

This exfoliation treatment is done with all natural ingredients derived from peaks of the Himalayan mountains that we combine to leave your skin feeling silky and smooth (Do not shave immediately before this treatment).

60 minutes \$75

Custom Hydro Soak Therapy ~

Blissfully soak in the hydrotherapy tub with a unique blend of anti-stress oils and hydrating mineral salts. Multiple air and water jets are designed to calm, soothe and release muscle tension throughout the entire body.

20 minutes \$35

Body Brush & Vichy Shower Therapy ~

Exfoliate the skin, stimulate lymphatic flow and increase blood circulation while soothing waters of six horizontal shower heads rain down on your body leaving skin soft and smooth.

20 minutes \$35

~ To Enhance Your Experience ~

APPOINTMENT TIMES ~ To receive your full service, it is recommended that you arrive 15 minutes prior to your service. Tardiness may change the duration of your service without a discount of the service price.

CANCELATION POLICY ~ To avoid a cancellation fee of 25% or a no show fee of 50% it is necessary to notify Spa Life 24 hours in advance for individual services and 48 hours in advance for packages.

Gratuities are not included in our services, but greatly appreciated!

~ For Your Experience and Convenience ~

Showers, robes and lockers are provided. Enjoy time to yourself or with friends in our Spa Relaxation Area before and after your service. Water and tea are provided.

Club members receive 10% off on products and individual services.

Spa gift cards are available for any dollar amount.

We specialize in groups, parties and events!



SPA LIFE

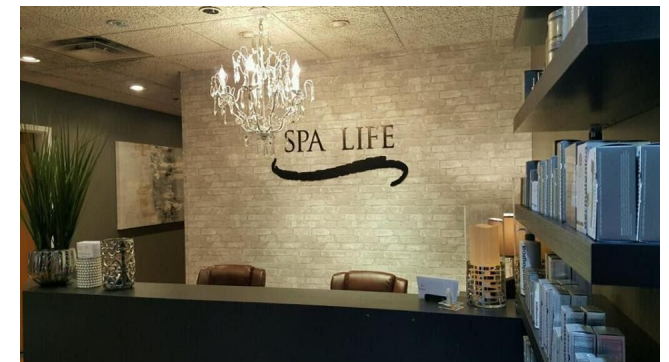
412- 856- 3930 Option 4

1 Racquet Lane

Monroeville, PA 15146

www.theclubsportandhealth.com

Open Monday – Saturday



~ Facial's ~

Custom Facial ~

This fully customized facial is designed to address your specific skin concerns. Our skin care therapists will do a brief consultation and skin assessment in order to create the perfect experience for you.

60 minutes \$80

Demi Facial ~

A mini version of the custom facial. EXCLUDES facial massage, extractions and masque.

30 minutes \$50

HydraFacial ~

A non-invasive, non-surgical procedure that delivers instant results with no discomfort or down time. This resurfacing procedure provides cleansing, exfoliation, extraction and hydration all while “Vortex-Fusing” antioxidants, peptides and high concentrations of vitamins into the skin.

30-45 minutes \$150

Back Facial ~

Similar to a traditional facial targeting a variety of skin care needs such as clogged pores, back acne and dehydrated skin.

30-45 minutes \$65

Facial with Light Therapy ~

A customized facial including red or blue light therapy, based on your skin. Benefits include skin tightening, minimizing fine lines, wrinkles, pores, acne spots and eczema. Helps improve circulation of skin and improves sun damaged skin.

1 hour and 15 minutes \$95

Extractions with Steam ~

20 minutes \$30



~ Massage ~

Spa Life Signature Massage ~

15 minutes \$25

30 minutes \$50

60 minutes \$75

90 minutes \$105

Hot Stone Massage ~

60 minutes \$90

90 minutes \$120

Pregnancy Massage ~

Must be past first trimester. Please consult with your doctor prior to booking.

30 minutes \$55

60 minutes \$85

90 minutes \$115

Couples Massage ~

30 minutes \$100

60 minutes \$150

90 minutes \$210



~ Wax ~

Lip or chin	\$15
Eyebrow	\$15
Eyebrow wax with Tint	\$35
Eyebrow Tint	\$25
Full Face	\$50
Bikini	\$40+
Brazilian	\$65+
Underarm	\$30
Half Arm	\$40
Full Arm	\$60
Back	\$60
Chest	\$50
Shoulders	\$20
Neck	\$20
Half Leg	\$50
Full Leg	\$80
Feet and Toes	\$25
Manscape	\$100+
Buttocks	\$40

* + Price is subject to change *

~ Waxing ~

Hair growth should be approximately ¼ inch
NOT recommended for skin being treated with Retin-A,
Acutane, Pro-Active or other skin sensitizing products
NOT recommended prior to or immediately following UV
exposure

